The Power of Thank You

Form time • KS3-KS4 • 15 minutes

THE FILM'S QUESTION

Who helped you this week without being asked, and do they know that you noticed?

Watch and notice

5 MIN

Watch the film. Think of three good things from your week, however small. What went well, and did anyone help make it happen?

Good thing	Why it went well	Who helped, if anyone?

Say it aloud

5 MIN

With a partner, compare 'Thanks' and 'Thank you for waiting for me after class. I didn't have to walk in alone.' What does the detail add?

Try a line of your own, or rehearse it quietly. You can use an imagined example.

Write a thank-you

5 MIN

Choose one person. Say what they did and the difference it made to you.

Thank you for … It helped because …

Keep it private, or share it with the person when you're ready.

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